

DIRECTIONS TO THE RDC CENTER

From West:

Take the Cross Westchester Expressway, Route 287, to Exit 6. Turn right off the exit onto North Broadway. Follow to the fifth light and turn left onto the Good Counsel/Pace University Campus. Make the first right. The RDC Center is located in the gray Victorian house on the left.

From the East:

Take the Cross Westchester Expressway, Route 287, to Exit 6. Turn left off the exit. At the next light, make a left on to North Broadway. Follow to the sixth light and turn left onto the Good Counsel/Pace University Campus. Make the first right. The RDC Center is located in the gray Victorian house on the left.

Parking is available. Pass the house on the left and continue on the road to use spaces on the right. The RDC Center is handicapped accessible.

Westchester Bee Line Bus # 6 stops at entrance to campus.

MISSION STATEMENT

The RDC Center Staff affirms the dignity of each person, the sacredness of relationships and the potential for positive change and personal growth.

The Mission of the Center is to provide affordable services in an atmosphere of welcome and acceptance in which clients are able to resolve problems of a personal, family, social, academic, spiritual or vocational nature.

Our goal is to reach out in Compassion to persons in need of self-understanding, healing, direction, and inner-peace.

As a group of mental health professionals, with different backgrounds and specialties, we share responsibility to assist individuals, couples, and families in addressing troubling issues in a holistic manner.



RDC CENTER FOR
COUNSELING AND
HUMAN DEVELOPMENT



Serving a
diverse
population
in the
tradition of
compassion

52 North Broadway
White Plains, NY 10605
(914) 949-0504
(914) 422-8123

rdccenter.org

The RDC Center for Counseling and Human Development provides affordable and compassionate counseling and therapy services for children, adolescents and adults.

Individual and group, couples and family therapy, career counseling and educational assessments are offered.

Founded in 1991, we are a non-profit organization offering services to people of any nationality, race, religion, or sexual orientation.

Our professional staff includes licensed social workers, psychologists and pastoral counselors.

Our staff are providers for most insurance plans and EAP's. Outside insurance, a sliding scale is available.

PSYCHOLOGICAL SERVICES

- Anxiety and Depression
- Co-dependency Issues
- Coping with Illness
- Family & Parenting Issues
- HIV Infected/Affected
- Issues of Sexual Identity
- Loss and Bereavement
- Mid-Life Concerns
- Post-abortion Healing
- Pre-marital & Marital Counseling
- Relationship Issues
- Separation & Divorce Counseling
- Childhood Trauma
- Spirituality and Personal Growth
- Trauma and Abuse
- Women's Issues

PSYCHO-EDUCATIONAL SERVICES

- Includes: Diagnosis of Learning Abilities & Special Needs
- Parenting Program
- Educational Advocacy
- Vocational/ Career Counseling (fee is negotiated)

Office hours are Mondays through Thursday from 8:00 a.m. to 8:00 p.m. and on Friday from 8:00 a.m. to 5:00 p.m.

For an appointment
call the RDC Center at
(914) 949-0504

